



Martial Arts SCHEDULE FALL 2020

EFFECTIVE TUESDAY SEPTEMBER 8TH

PROGRAM	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
LITTLE DRAGONS		5:30-6:00		5:30-6:00			
JUNIOR NINJAS	3:15-3:45 6:00-6:30	6:15-6:45	3:15-3:45 6:00-6:30	6:15-6:45			
CHAMPIONS I	3:45 – 4:30	6:00-6:45	3:45 – 4:30	6:00-6:45			
CHAMPIONS II / III	3:15 – 4:00	4:45 – 5:30 6:45 – 7:30	3:15- 4:00	4:45 – 5:30 6:45 – 7:30			
JUNIOR BLACK BELT	4:00 - 4:45 6:30 – 7:15		4:00 - 4:45 6:30 – 7:15				
MAIN PHASE I / II	5:15 – 6:00		5:15 – 6:00				
MAIN PHASE III	7:15 – 8:00	4:00 – 4:45	7:15 – 8:00	4:00 – 4:45			
BLACK	7:00-7:45		7:00-7:45				
HITT FIT		7:00 – 8:00		7:00 – 8:00			
SELF DEF. / Gung fu	on line		on line				



**VERBAL
Martial Arts**



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